

# How to Use Task Manager

# What is Task Manager?

The Task Manager is a system monitor program used to provide information about the processes and applications running on a computer, as well as the general status of the computer. Using the Task Manager, you can view how much memory a program is using, stop a frozen program, and view available system resources. If you are ever wondering why your computer is running slow, or if a program has frozen and refused to be shut down, task manager will be your ultimate savior in informing you, and enforcing your will.

## How to open Task Manager:

- Go to the Windows search bar (bottom left corner) and type "Task Manager" in the text box. Then click on the "Task Manager" tab



- (You can also right click the Start button and click on the "Task Manager" tab)

## How to use Task Manager:

- Once Task Manager is open it will show all of the "tasks" currently running.



🙀 Task Manager	_		×
Discord (32 bit)			
🧔 Google Chrome			
net Slack			
Spotify			
Solution More details		End ta	sk

- By selecting a task and clicking the "End Task" button, it will force the computer to stop the task from running.

## More Details:

- By clicking the more details tap it will show the full task manager and its capabilities.

🚰 Task Manager										- 0	×	
File Options View												
Processes Performance App history Startup Users Details Services												
^		10%	45%	50%	0%	3%						
Name	Status	CPU	Memory	Disk	Network	GPU	GPU engine	Power usage	Power usage tr			
Apps (3)											î	
> 🧔 Google Chrome (18)		0%	871.7 MB	0 MB/s	0.1 Mbps	0%	GPU 0 - 3D	Very low	Very low			
> O Spotify (5)		1.3%	59.4 MB	1.8 MB/s	0 Mbps	0%	GPU 0 - 3D	Very low	Very low			
> 🔯 Task Manager		0.5%	25.0 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
Background processes (109)												
> 🚺 64-bit Synaptics Pointing Enhan		0%	0.8 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
> 🔄 Alarms & Clock (2)	φ	0%	0.8 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
>      Antimalware Service Executable		0.3%	197.9 MB	0.1 MB/s	0 Mbps	0%		Very low	Very low			
Application Frame Host		0%	7.4 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
> 📧 Bonjour Service		0%	1.3 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
🚳 Cisco AnyConnect User Interface		0%	2.5 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
COM Surrogate		0%	2.4 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
COM Surrogate		0%	1.3 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
COM Surrogate		0%	1.6 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
> 🗑 CommRecovery		0%	4.3 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
Component Package Support Se		0%	1.1 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
Z CTF Loader		0%	7.3 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
Device Association Framework		0%	2.7 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
Dropbox Update (32 bit)		0%	0.1 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
📀 Google Chrome		0%	0.6 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
🔯 Google Crash Handler		0%	0.1 MB	0 MB/s	0 Mbps	0%		Very low	Very low			
🔯 Google Crash Handler (32 bit)		0%	0.1 MB	0 MB/s	0 Mbps	0%		Very low	Very low		~	
Fewer details     End task												
F D Type here to search		0	Ħ	<b>=</b> C	=	N hul	• 🧿 🦉					

- The Task Manager has seven main tabs. Processes, Performance, App History, Startup, Users, Details, and Services



#### Processes:

The processes tab shows all of the applications currently running on your computer. This
page also shows how much resources each app is using like CPU usage, memory
usage, disk drive usage, network usage, and GPU usage. You can also click on any
application and then hit the "End Task" button to stop it from running.

#### Performance:

- The performance tab shows useful information and graphs relating to your CPU, memory, disk drive, network, and GPU resources. It also has other useful information like your IP address and what processor your computer is using.

# App History:

- This tab shows how much resources each app has historically used when running.

# Startup:

- This tab shows all of the applications that your computer starts up when the computer turns on or when you sign into your account. If you have an app that you don't want to startup when your PC turns on you can simply click on it and then click the "Disable" button to disable it from starting up.

#### Users:

- The user tab shows a list of all of the users currently using the PC and how much resources they are using. You can also disconnect a user if you need to.

## Details:

- The details tab shows more obscure information relating to the processes and applications running on your computer.

## Services:

- The services tab shows all of the services currently running on the computer